

Parky iPhone & Apple Watch App

RX Request for



Dear Healthcare Provider,

Your patient would like to talk with you about Parky.

We would like to inform you about Parky and how to offer it for your patients.

ParkyTeam

What is Parky?

Parky is an [FDA-cleared](#) prescription digital health tool to improve the management of Parkinson's disease by tracking motor symptoms, improving medication adherence and promoting physical activity. It is a tool for sharing meaningful and reliable data between patients and medical professionals regarding the course of the disease. Parky continuously collects motion data through Apple Watch and quantifies tremor and dyskinesia episodes based on the clinically validated MM4PD algorithm developed by Apple.* MM4PD was validated in a study of 343 participants, including longitudinal tracking of 225 participant for up to six months, and used the clinical gold standard MDS-UPDRS** as a reference and captured symptom changes in response to treatment that matched the clinician's expectations in 94% of evaluated subjects.*

[Details of the study can be found here.](#)

*Powers R, Etezadi-Amoli M, et al. Smartwatch inertial sensors continuously monitor real-world motor fluctuations in Parkinson's disease. *Sci Transl Med.* 2021 Feb 3;13(579):eabd7865. doi: 10.1126/scitranslmed.abd7865.

**MDS-UPDRS: [Movement Disorders Society-Unified Parkinson's Disease Rating Scale](#)



How to prescribe?

Healthcare providers can prescribe Parky via Parky HCP Portal. Once prescribed, all patients have to do is simply logging in to Parky and wear their Apple Watch. Parky is available through our Early Access Program at a cost of \$1 USD per day. Each prescription covers 90 days, and your patients will be charged \$90 upon activation. [The symptom profile reports](#), including steps, recording time, medication compliance and correlation between motor fluctuations are automatically generated. All these reports will be accessible via [Parky HCP Portal](#).

Make sure that your patient has installed Parky on their iPhone & Apple Watch against device incompatibilities.



Sign-Up on Parky HCP Portal

First, create an account on the Parky HCP Portal, providing your name, NPI, and contact information.



Fill out the E-prescription Form

Fill out an e-prescription form for your patient.



Patient is all set!

Once the prescription is validated and the patient is enrolled, you will be notified.



Start monitoring your patients!

You can view patient symptom profile reports updated daily/weekly/monthly via Parky HCP Portal.

Parky is currently available through our pharmacy partner

[Health Haven Pharmacy.](#)

info@healthhavenrx.com

Offer RX Now

We are here to help.

[Contact us](#)

support@parkynow.com

