

Dear Doctor,

I am writing to discuss incorporating the Parky app into my Parkinson's management plan. With real-time symptom tracking, medication reminders, and comprehensive reports, Parky offers valuable insights to actively participate in my care, streamline communication, and make more informed decisions during consultations. I'm eager to embrace technology in my Parkinson's journey and kindly request your consideration in prescribing Parky.

What is Parky?

Parky is an FDA-cleared, prescription digital health tool that leverages the Movement Disorder API, a tool developed by Apple Inc. This is a clinically validated algorithm that has been published in [Science Translational Medicine](#). Through this algorithm Parky continuously and passively monitors motor fluctuations like tremor and dyskinesia and provides user-friendly reports that are also shared with healthcare provider's via the Parky Provider Portal.

How to prescribe- Parky?

Before you prescribe, ensure that your patient has downloaded the Parky app from the App Store on their iPhone & Apple Watch against device incompatibilities.

- 1** **Signing up**
Sign up on Parky Provider Portal to create online prescription and track your patients' reports.
- 2** **Create your prescription online**
Initial prescription is for 90 days. You can extend the use with prescription refills. Before prescribing, make sure your patients' devices are compatible.
- 3** **Check your patients' progress**
You can track your patients' daily, weekly and monthly progression and medication intake from the Portal.

Please reach us for any queries